



Working in Partnership

# Preparing for Adulthood

## Becoming an Adult

Easy-Read document



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**Important** = Green writing

In this document we sometimes explain what words mean. When we do this, they will be in **bold green** and underlined. The meaning of the Green writing is on page 8.



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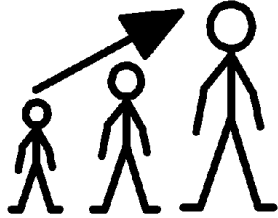


## Helpful numbers and information

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## What is Preparing for Adulthood?



This is the journey from childhood to adulthood.



At 18, the services and support you receive will be from Adult Social Services.



## The Bournemouth Preparing for Adulthood team



We have Social Care Workers who can help you and your family plan for adult life.



We will support you to achieve: **wellbeing**, friendships, education and employment.



We will be open, honest and give you respect.



## Your journey with us

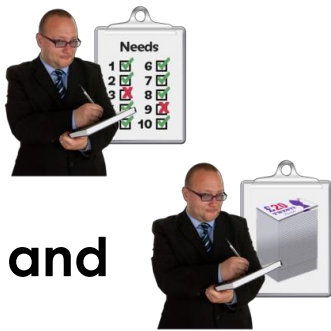


At 14, a worker will visit you at school and contribute to your school review. This will give you information about the types of support you may need.

At 16, you will be able to meet with your worker to talk about your plans, for the future.



A care and support plan will be written and **reviewed** with you, so you can choose what you want your future to be.



and

By the age of 18 we will complete an **eligibility** and **needs assessment** with you to identify your needs.

We will then complete a **financial assessment** with you.



## What the team do



The Preparing for Adulthood worker can give information about things like:



- Who you live with and where you live
- Health Services
- Further Education / Training / Employment
- Careers Advice
- Paying for Care
- **Legal Frameworks**
- **Direct Payments**
- Access to an **Independent Advocate** for young people (if needed)
- Support Services





## Support for Carers



The Preparing for Adulthood Team will work with you to write an assessment of your needs as a carer. We will agree a plan to identify support that will enable you to continue in your caring role.



We will offer you advice, support and signpost you to services that may assist you.



We will support you in the journey of your child becoming an adult.



We will work with you to develop a **contingency** plan in case of an emergency.



## What it means

The table below explains what the words highlighted in **green** and underlined in this document mean.

It is written in alphabetical order, so just look for the letter the word starts with.

<b><u>Word</u></b>	<b><u>What it means</u></b>
<b><u>Contingency</u></b>	A plan made for emergencies
<b><u>Direct Payments</u></b>	A Direct Payment is money that is given to you regularly, so you can arrange your own care and support.
<b><u>Eligibility Assessment</u></b>	The care and support needs you have, that meet Bournemouth Borough Council's criteria for adult social care services.
<b><u>Financial Assessment</u></b>	Looking at your money and benefits, to see how much money you may have to pay for your care.
<b><u>Independent Advocate</u></b>	A person who can help you to understand and make decisions.
<b><u>Legal Frameworks</u></b>	Legal documents that have a set of rules which people must follow.
<b><u>Needs Assessment</u></b>	A plan which identifies your needs.
<b><u>Reviewed</u></b>	To see if your care and support plan needs any changes.
<b><u>Wellbeing</u></b>	Being healthy and feeling well.





## Helpful numbers and information

Preparing for Adulthood Bournemouth Team: 01202 458809

Care Direct (for age 18+):

Phone: 01202 454979

Email: [caredirect@bournemouth.gov.uk](mailto:caredirect@bournemouth.gov.uk)

Web: <https://www.bournemouth.gov.uk/AdultSocialCare/GetSocialCareSupport/BournemouthCareDirect.aspx>

Bournemouth Borough Council Local Offer:

Web: <http://facts.bournemouth.gov.uk/Local Offer Live/SynergyEnglishHome.aspx>

Bournemouth Borough Council Adult Social Care:

Web: <https://www.bournemouth.gov.uk/AdultSocialCare/AdultSocialCare.aspx>

Financial Assessments and Benefits Team:

Web: <https://www.bournemouth.gov.uk/AdultSocialCare/TypesofSupport/helpforpeoplewhoareno longerabletoliveathome/Paying-for-Care-in-a-Care-Home/FinancialAssessments.aspx>

The Care Act 2014:

Web: [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/365345/Making\\_Sure\\_the\\_Care\\_Act\\_Works\\_EASY\\_READ.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/365345/Making_Sure_the_Care_Act_Works_EASY_READ.pdf)