

# West Howe Directory

Update July 2018

## **Our Vision for West Howe**

Residents enjoy good health and a high standard of living, have high aspirations and the resources and opportunities to achieve them. They make use of all the facilities and opportunities that Bournemouth offers. People aspire to live in West Howe because of the sense of community and its great and varied local facilities.

## **Skills**

People want to create a better life for themselves, their families and their community. They can access the training and education they need to develop skills and achieve their ambitions, improve their health and take control over their life.

Relationships are respectful and constructive. People have self respect, high and realistic aspirations which they are able to achieve.

## **Place**

There are inspiring and entertaining things to do for all ages in high quality buildings and spaces. People make good use of local parks and open spaces and there is a focal point for community activity, bringing people together.

## **Finances**

People manage their money well and take up all opportunities to secure employment and improve their economic situation.

Further details on the West Howe Regeneration Partnership can be found here:

<https://www.bournemouth.gov.uk/communityliving/LivinginBournemouth/WestHoweRegeneration/westhoweregeneration.aspx>

## **The 2018 meetings of the West Howe Networking Group are**

Henry Brown Youth Centre: Tuesday 18<sup>th</sup> September 1pm

Henry Brown Youth Centre Tuesday 6<sup>th</sup> November 1pm

## Skills

Our vision is that people want to create a better life for themselves, their families and their community. They can access the training and education they need to develop skills and achieve their ambitions, improve their health and take control over their life.

	<b>Project</b>	<b>Contact details</b>
<b>Fire safety</b>	Dorset Fire and Rescue are offering free Home Safety Checks. To book a free Fire Home Safety Check and to be provided with free smoke alarms, call <b>01305 753018</b> , Redhill Fire Station or visit <a href="http://www.dorsetfire.co.uk">www.dorsetfire.co.uk</a>	Martin Withers at Dorset Fire is identifying older people for tailored support with fire and household safety. <a href="mailto:Martin.withers@dorsetfire.gov.uk">Martin.withers@dorsetfire.gov.uk</a> ,
<b>Safety training</b>	Safewise (formerly Streetwise) provides scenario training to improve safety.	<a href="http://www.streetwise.org.uk">www.streetwise.org.uk</a> 01202 591330
<b>Support for children and young people</b>	The Triple P parenting course supporting parents and children which is available through referral from schools and GPs.	Find out more about Early Help Arrangements at <a href="http://www.bournemouthcs.org.uk">www.bournemouthcs.org.uk</a>
	Carla Pilgrim is the parent support worker at Heathlands Primary Academy. She runs team building courses with families at Heathlands but looks to expand that to others soon.	( <a href="mailto:Carla.pilgrim@oceanlearning.org.uk">Carla.pilgrim@oceanlearning.org.uk</a> )
	Glynis Page is the parent support worker at Kingsleigh Primary. They run a group for parents, children and siblings with autism and Asperger's, currently available to Kingsleigh parents but they hope to open it out to others soon.	Contact Glynis Page ( <a href="mailto:Glynis.page@bournemouth.gov.uk">Glynis.page@bournemouth.gov.uk</a> )
	Early Help Young People based at Sussed in Kinson gives advice and information to young people. They are seeing high levels of anxiety and depression, and higher levels of drug and alcohol abuse at a younger ages. They run a sexual health clinic on Wednesday, and give access to bus cards, glo cards and Citizen cards. They help NEETs into training and the intensive youth support team are based at Sussed. Sarah Powell runs the young parents university from the Salvation Army centre in Winton. There is guidance available on Universal Credit also.	Contact <a href="mailto:vicky.walsh@bournemouth.gov.uk">vicky.walsh@bournemouth.gov.uk</a> for more information
<b>Training for young people</b>	The Princes Trust is recruiting for a 12 week programme helping 16-25 year olds renew social and work skills. Please signpost any suitable young people. They offer a development award – funding up to £300 to help young people get what they need to get into work and an Enterprise programme helping 18-30 year olds who are unemployed or working part time.	Contact <a href="mailto:enquiries@dwfire.org.uk">enquiries@dwfire.org.uk</a> or visit <a href="http://www.princes-trust.org.uk">www.princes-trust.org.uk</a> The Princes Trust are also looking for adult volunteers who can offer onward support/act as mentors

	Next Generation: Team works with 11-16 year olds on anti-bullying and discrimination projects. Team Plus works with 18-19 year olds. Young Citizens promotes volunteering in schools and is setting up European exchanges for young people aged 16-25. It is entirely youth led and can offer accreditation opportunities too.	For more details, contact <a href="mailto:glen.harvey@ymcabournemouth.org.uk">glen.harvey@ymcabournemouth.org.uk</a> .
	Bournemouth Council's Housing Landlord Services is one of the largest employers of apprentices (young people and adults) in the area.	Contact Jenny Mauger-Garry to find out about the opportunities <a href="mailto:Jenny.Mauger-Garry@Bournemouth.gov.uk">Jenny.Mauger-Garry@Bournemouth.gov.uk</a>
<b>Local and affordable training – skills and employment</b>	Skills and Learning are running free courses for volunteers including food safety and first aid. They are also running free employability courses and can also set up courses to meet community demand – if you have a group and a need, contact them.	<a href="http://www.skillsandlearningbdp.co.uk/">http://www.skillsandlearningbdp.co.uk/</a>
	WHCE offers new courses and activities alongside their café on Mondays, Tuesday and Fridays. Courses include photography and creative writing.	Contact <a href="mailto:health.helpers@westhowe.net">health.helpers@westhowe.net</a> for more details
	AIM Community offer arts and digital courses and activities for children and young people <a href="https://www.aimcommunity.org/">https://www.aimcommunity.org/</a>	Wes ( <a href="mailto:wwilliamsfyt@gmail.com">wwilliamsfyt@gmail.com</a> )
	Tomorrow's People works with people aged 16 and above who are registered with GPs offering coaching sessions to help them build confidence, discover volunteering or work towards entering training or employment.	Contact Holly Harley ( <a href="mailto:hharley@tomorrows-people.co.uk">hharley@tomorrows-people.co.uk</a> )
	Sovereign Housing has a community worker with focus on employment, school attainment and aspirations, offering one to one support to Sovereign tenants to help them into employment. Sarah has a budget to support this work and is building partnerships locally with providers.	Contact Sarah Fordham <a href="mailto:sarah.fordham@sovereign.org.uk">sarah.fordham@sovereign.org.uk</a>
	Hannah Staddon manages the English, Maths and ICT courses at Bournemouth and Poole College for students of all ages.	<a href="mailto:staddonh@bpc.ac.uk">staddonh@bpc.ac.uk</a>
	BCHA's Ignite programme runs personal development workshops, helping people build confidence.	Contact Kate Coughlan ( <a href="mailto:katecoughlan40@gmail.com">katecoughlan40@gmail.com</a> )

	Fernheath Play running Playful Families courses – exercise with a crèche, stay and play, pottery, exercise and baking workshops. They offer training to volunteers in playwork, safeguarding and first aid.	Contact Angelina Lindon ( <a href="mailto:playfulfamiliesproject@outlook.com">playfulfamiliesproject@outlook.com</a> )
	June Shearing develops employment projects with HMRC. Their staff volunteer helping people with mock interviews and would like to link with Job Club and other employment projects.	<a href="mailto:june.shearing@hmrc.gsi.gov.uk">june.shearing@hmrc.gsi.gov.uk</a>
	West Howe Job Club runs on Thursday from 12pm at West Howe Library for free lunch followed by workshops and support 1-3 pm. Everyone welcome	Contact <a href="mailto:Martha.searle@bournemouth.gov.uk">Martha.searle@bournemouth.gov.uk</a>
	Nicky Juniper is a debt advisor with CAB and runs a money course and gives debt advice to 16-25 year olds.	( <a href="mailto:njuniper@bournemouthcab.co.uk">njuniper@bournemouthcab.co.uk</a> )
	Baylie Hart Clarida works with the Workers Education Association who run learner chosen courses. They are looking to form a group in West Howe to develop long and short courses.	( <a href="mailto:bhartclarida@wea.org.uk">bhartclarida@wea.org.uk</a> )
	Heathlands Primary Academy are hosting maths and literacy classes for adults.	Contact Carla Pilgrim for more details <a href="mailto:Carla.pilgrim@oceanlearning.org.uk">Carla.pilgrim@oceanlearning.org.uk</a>
<b>IT training</b>	IT classes now held at the library. Karen Baker is running IT classes there for the digitally excluded.	<a href="mailto:westhowe@bournemouthlibraries.org.uk">westhowe@bournemouthlibraries.org.uk</a> <a href="mailto:Karen.baker@bournemouth.gov.uk">Karen.baker@bournemouth.gov.uk</a>
<b>Training in health</b>	LiveWell Dorset helps people prevent poor health. All help offered for diet, smoking, alcohol reduction and physical activity is reached by self referral by phoning 0800 840 1628. They can offer free entry to weight loss programmes, offer brief intervention and signpost to further support. <a href="https://www.livewelldorset.co.uk/">https://www.livewelldorset.co.uk/</a>	
	West Howe Community Enterprises runs a diabetes peer support group on the 1 <sup>st</sup> Tuesday of each month at 10am at the Henry Brown Youth Centre.	<a href="mailto:health.helpers@westhowe.net">health.helpers@westhowe.net</a>
	The Source is a new <b>online care and support directory</b> where you can register your activities/groups etc. <a href="http://www.sourcedirectory.org.uk">www.sourcedirectory.org.uk</a>	
	Living Well Active helps people living with cancer enjoy health and happiness. They work with over 18s in treatment, palliative care or post treatment.	Contact Layne on <a href="mailto:laynehamerston@live.co.uk">laynehamerston@live.co.uk</a>

	Healthwatch is the health and social care watchdog. Volunteer opportunities are available helping audit hospitals and check quality of care homes.	0300 111 0102
<b>Training in fundraising</b>	Linda Maguire offers free fundraising advice and training to volunteers and community groups	Contact <a href="mailto:linda.maguire@bournemouth.gov.uk">linda.maguire@bournemouth.gov.uk</a>
	North Bournemouth Rotary Club raise between £25 to 30,000 each year to support local projects. They are looking for charities and projects to fund, including smaller groups, families and individuals.	Contact Chris Chubb ( <a href="mailto:chris@chubbfamily.net">chris@chubbfamily.net</a> )
	Community Infrastructure Levy is available in each ward to fund either the provision, improvement, replacement, operation or maintenance of the infrastructure, or to address the demands and anything else concerned with what the development places on an area. <a href="https://www.bournemouth.gov.uk/communityliving/Helpingthecommunity/community-infrastructure-levy-neighbourhood-portion.aspx">https://www.bournemouth.gov.uk/communityliving/Helpingthecommunity/community-infrastructure-levy-neighbourhood-portion.aspx</a>	Contact the ward councillors for more details and to make proposals for applications
<b>Training for life's challenges</b>	Enhanced Housing Options offers information advice and guidance on a range of issues including housing, education, employment and training and can deliver workshops in Confidence and Motivation and CV writing/Job hunting. One to one sessions are available at a place and time to suit the client.	Contact Karen, Money Management /Welfare Benefits Advisor 07833 237633 <a href="mailto:Karen.baker@bournemouth.gov.uk">Karen.baker@bournemouth.gov.uk</a>
	BCHA Floating Support can help people with any housing related issue including substance misuse, Children in Need, ASBOs, mental health, benefits, affordability, physical health needs. People can self refer. They can attend our drop in service at Boscombe Bus station at the SURF Office Wednesdays 9:30-12 and Tues & Thursday 5-7pm There are others throughout Bournemouth fortnightly, call for more info. Referral forms can be found on Bournemouth Council website	For more info, contact Dave Parr-Helyer 07966 80 88 22 <a href="mailto:daveparr-helyer@bcha.org.uk">daveparr-helyer@bcha.org.uk</a> <a href="http://www.bournemouth.gov.uk/Housing/HelpwithHousing/HousingSupportServices/HousingRelatedSupport.aspx">http://www.bournemouth.gov.uk/Housing/HelpwithHousing/HousingSupportServices/HousingRelatedSupport.aspx</a>
	Donna Yates works in adult commissioning for services for people aged over 21. She keeps the local services directory including information on advocacy, support, day opportunities, gardening help, removal help. She gave out a list of the information she provides. Please contact her for more details.  She is also able to take any excess meals through the brokerage team and redistribute to groups in need such as homeless. Many meals were wasted recently as a result of the snow days.	Contact Donna Yates <a href="mailto:donna.yates@bournemouth.gov.uk">donna.yates@bournemouth.gov.uk</a>

<b>Training in finances</b>	Vanessa works with Frontline and offers debt advice and budgeting. Their sessions coincide with a coffee drop in at Cornerstone.	<a href="mailto:vanessawiggins1@gmail.com">vanessawiggins1@gmail.com</a>
	Martha and WHCE volunteers are can deliver Money Talk Bournemouth courses helping people build confidence with their finances.	To find out about the courses running, or to invite them to run one with you please contact Martha
<b>Increase awareness of addiction treatment options for local workers and residents</b>	Karen Wood from DAAT is available to give training on treatment awareness.	Contact Karen on 01202 458740 if you would like to arrange some training for a group of people.
<b>Increase support for drug users and their families</b>	Addaction provides an open access drug and alcohol support to adults, young adults, families and ex-forces from Trinity House, 161 Old Christchurch Road. People in need of support around addiction no longer go through the Bournemouth Assessment Team, but to Addaction. They are open Monday to Friday 9.30am to 4.45pm and on Saturdays 12-4pm and offer a weekly service on Wednesday afternoons at West Howe Library.	Help can be accessed by calling 01202 552540 or turning up at Trinity House, or West Howe Library on Wednesdays 1-4pm
	Narcotics Anonymous is open to anyone with a desire to stop misusing mind altering substances, not just illegal drugs, and also alcohol.	The nearest local group meets at Cornerstone Church weekly. For more details, people should call the information line on 0800 246 5163 or go to <a href="http://ukna.org/">http://ukna.org/</a>
	Destiny Life Church has rooms available for hire. Offers a 10 week recovery course for people with any addiction and compulsive behaviours. Formerly run at St Swithins, it runs on Thursdays 7-9.30, offering a free meal.	
	Support for 5-13yr olds affected by substance misuse through play and art therapy is available at the Lights Project in the Family Centre	Referral can be made through brokerage, schools or a social worker.
<b>Increase support for carers and families</b>	Carers Support helps people who care for family members. They arrange social events and respite and offer an information service to carers. They also provide an emergency back up service if the carer can no longer care for some reason.	<a href="mailto:fran.harper@bournemouth.gov.uk">fran.harper@bournemouth.gov.uk</a>
<b>Single parents</b>	Smile Project providing support to and with lone parents including day trips and social activities. They have offered picnics in local parks, day trips and swimming trips (for free) throughout the school holidays. They run a monthly meal for families and older people from St Philips. They are also recruiting volunteers.	Contact Mikala at <a href="mailto:smilewhk@faithworkswessex.org.uk">smilewhk@faithworkswessex.org.uk</a> or call her on 07743 386908

<b>Support for domestic abuse and sexual violence</b>	The 24hr domestic abuse helpline is 01202 547755	
<b>Help with under 5s</b>	North Bournemouth Children's Centres provide support and activities for families with children under 5. To find out more or have a look here: <a href="http://www.northbournemouth.childrencentre.org/index.php?page_id=55">http://www.northbournemouth.childrencentre.org/index.php?page_id=55</a>	Sharen Stevens ( <a href="mailto:sharen.stevens@childrenssociety.org.uk">sharen.stevens@childrenssociety.org.uk</a> ) is the manager of the Children's Centre
	Activities available at St Philips: On Monday mornings they hold Sure Tots – a gym session for toddlers up to preschool age. 10am for £1. Monday evenings there is a cooking group for young people 11-18 year olds On Tuesday morning a coffee morning for isolated older people. On Tuesday evenings there is a circuit class Shape Up. £1.50 Messy church is 2 <sup>nd</sup> Sunday of each month 3.30-5pm Church services are on Sundays 10.15am and Communion on Wednesdays at 10am	Christine ( <a href="mailto:christine@cofekinson.org.uk">christine@cofekinson.org.uk</a> ) is the vicar at St Philips.
	Destiny Life Church on Elliott Road run a toddlers group on Fridays 9.30am to 11.30am.	Lynn Foster ( <a href="mailto:lynn@destinylifechurch.org.uk">lynn@destinylifechurch.org.uk</a> )
	Health visitors run Well Baby clinics on Monday mornings at Moore Avenue Children's Centre. Health visitors are available to give talks to groups.	Michile ( <a href="mailto:michile.ashling@dhuft.nhs.uk">michile.ashling@dhuft.nhs.uk</a> ) is a health visitor in the area.

### Roles and Role Models (a sub-group of skills)

This priority covers remodelling of social relationships and parenting skills, through targeted support, providing opportunities and supporting people to take them up and volunteering – themed around the golden thread of raising aspirations.

	<b>Project</b>	<b>Contact details</b>
<b>Trained volunteers to act as positive role models</b>	Bournemouth Council for Voluntary Service support organisations who want to recruit and support volunteers. They also help individuals find volunteering positions. Local organisations who wish to recruit volunteers can register with BCVS: <a href="http://www.bournemouthcvs.org.uk/lookingforvolunteers.asp">http://www.bournemouthcvs.org.uk/lookingforvolunteers.asp</a>	Call them on 01202 466130 to find out about local opportunities and support <a href="http://www.bournemouthcvs.org.uk/lookingtovolunteer.asp">http://www.bournemouthcvs.org.uk/lookingtovolunteer.asp</a>
	North Bournemouth Crime Prevention Panel brings together community groups who address community safety issues	<a href="mailto:Alan.keeping@btinternet.com">Alan.keeping@btinternet.com</a>
	West Howe Community Enterprises runs courses in equality and diversity periodically	Contact <a href="mailto:diane.humphries@westhowe.net">diane.humphries@westhowe.net</a> for more details

	Volunteering Matters <a href="http://volunteeringmatters.org.uk/">http://volunteeringmatters.org.uk/</a> recruit volunteers in the area	
	CAB are recruiting volunteers (who receive accredited training)	Contact Emma Lee ( <a href="mailto:elee@bournemouthcab.co.uk">elee@bournemouthcab.co.uk</a> )
	Bournemouth Central Mosque and Islamic Centre is offering trips, tours and training on Islamic culture. Please contact Andy for more details. Andy can also advise on the issue of modern slavery in Dorset.	Andy Williams ( <a href="mailto:awilliams@bournemouth.gov.uk">awilliams@bournemouth.gov.uk</a> )
<b>Democratic representation</b>	Conor Burns MP is available to support community activity	01202 533553
	Councillors for Kinson South are: Cllr Laurence Fear, Cllr Roger Marley, Cllr Norman Decent	<a href="mailto:laurence.fear@bournemouth.gov.uk">laurence.fear@bournemouth.gov.uk</a> <a href="mailto:roger.marley@bournemouth.gov.uk">roger.marley@bournemouth.gov.uk</a> <a href="mailto:norman.decent@bournemouth.gov.uk">norman.decent@bournemouth.gov.uk</a>
	North Bournemouth Area Forum is a public meeting to comment on local issues and ask questions of the Councillors. Dates for 2018 are Sat, 10 <sup>th</sup> March and 15 <sup>th</sup> Sept at Howe Croft Community Centre, 12 <sup>th</sup> May and 17 <sup>th</sup> November at Kingsleigh Primary and 14 <sup>th</sup> July at Kinson Community Centre. All meetings start at 10am.	<a href="mailto:nbareaforum@talktalk.net">nbareaforum@talktalk.net</a>



## Place

Our Vision is that there are inspiring and entertaining things to do for all ages in high quality buildings and spaces. People make good use of local parks and open spaces and there is a focal point for community activity, bringing people together.

	<b>Project</b>	<b>Contact details</b>
<b>Safer Neighbourhood Priorities</b>	<p>Please help promote the Kinson South SNT Facebook and Twitter (@KinsonSouthSNT). Reporting from the community is increasing and becoming more accurate.</p> <p>Operation Salmon (a plain clothes operation to disrupt drug dealing) is continuing to work well.</p> <p>Dorset Police are focussing on cuckooing locally with Sovereign and Bournemouth Council. There is an increase in scams and door to door begging. Sgt Garrett asked us all to encourage reporting of incidents to Dorset Police.</p>	<p>The Safer Neighbourhood Team currently consists of 4 PCSOs, 2PCs and 1 Sergeant. Up to date statistics can be found at <a href="http://www.maps.police.uk">www.maps.police.uk</a> and <a href="http://www.dorset.police.uk/">http://www.dorset.police.uk/</a></p> <p>New non-emergency number for contacting Police is 101.</p> <p>Crimestoppers on 0800 555 111.</p> <p>To report anti social behaviour, call Sandi Webb (<a href="mailto:Sandi.webb@bournemouth.gov.uk">Sandi.webb@bournemouth.gov.uk</a>) on 451433 or Dorset Police on 101.</p> <p>Victim Support is widely available in the area. For more information, look here: <a href="http://www.victimsupport.org">www.victimsupport.org</a>.</p>
	<p>Environmental health can solve with noise nuisance and rubbish accumulation. Any environmental issues such as litter and graffiti should be reported on 451199. Rewards are available for the reporting of perpetrators.</p>	<p>Contact <a href="mailto:pollution@bournemouth.gov.uk">pollution@bournemouth.gov.uk</a> to report any concerns.</p>
<b>High quality local facilities</b>	<p>Design Council report has been published and ratified by the Council. A working party is now developing an implementation plan.</p>	<p>Contact <a href="mailto:martha.searle@bournemouth.gov.uk">martha.searle@bournemouth.gov.uk</a> for more details</p>
	<p>Martha has met with Bob Askew to start the process to develop a street improvement plan for the area, based on the Design Council report</p>	<p>Contact Martha for more details <a href="mailto:Martha.searle@bournemouth.gov.uk">Martha.searle@bournemouth.gov.uk</a></p>
	<p>Heathlands Primary Academy offers their school facilities for hire. They are keen to invite budgeting support, debt advice and healthy eating projects to the school community.</p>	<p><a href="mailto:Carla.pilgrim@oceanlearning.org.uk">Carla.pilgrim@oceanlearning.org.uk</a></p>
	<p>The Howe Croft community centre on Turnbull Lane is available for hire and currently hosts Slimming World and dance. They are also organising community events including Give or Take days and a new coffee morning. They are also recruiting volunteers to help with running the centre.</p>	<p><a href="mailto:howecroftcommunitycentre@hotmail.com">howecroftcommunitycentre@hotmail.com</a> 01202 591819</p>

	Fernheath Play is available for hire	Please contact Joe at <a href="mailto:joe@fernheath-play.org.uk">joe@fernheath-play.org.uk</a>
	The Henry Brown Youth Centre is refurbished and available for community hire	Please contact the centre for more details at <a href="mailto:henry.brown.youth.centre@bournemouth.gov.uk">henry.brown.youth.centre@bournemouth.gov.uk</a>
	Butcher's Coppice offer meeting rooms for hire as well as a wide range of outdoor activities.	Contact Talbot for more details on 510680 or email <a href="mailto:talbot@ukscouts.com">talbot@ukscouts.com</a> .
	West Howe Library offers a private room to hire for meetings and has free high speed wifi and broadband.	<a href="mailto:westhowe@BournemouthLibraries.org.uk">westhowe@BournemouthLibraries.org.uk</a>
	Intervention rooms are available for use (suitable for meetings of between 4 and 10 people) at the Elmrise Annex on Holloway Avenue.	
	Kingsleigh Primary hire out their facilities (including a floodlit MUGA) for community use and currently host Slimming World, Zumba, Egyptian dance, Brownies and Guides.	Contact Glynis Page ( <a href="mailto:Glynis.page@bournemouth.gov.uk">Glynis.page@bournemouth.gov.uk</a> )
	St Philips Church has secured funding for a new roof. The building will be out of action for 3 months once work starts.	Christine Brooks ( <a href="mailto:Christine@cofekinon.org.uk">Christine@cofekinon.org.uk</a> ) is the vicar at St Philips
<b>Increase in variety and frequency of affordable family activities</b>	Everyone to check local notice boards and ensure they contain up to date and full information on activities	Contact <a href="mailto:diane.humphries@westhowe.net">diane.humphries@westhowe.net</a> to send information to be included on <a href="http://www.westhowe.net">www.westhowe.net</a> . Email <a href="mailto:Martha.searle@bournemouth.gov.uk">Martha.searle@bournemouth.gov.uk</a> to have information emailed out across the 1100+ West Howe Networking Group
	Heathwatch are holding an Easter egg hunt on Wednesday 4 <sup>th</sup> April 1.30 to 3.30pm. Meet at the main entrance on Turbary Park Avenue.	
	Craig Norman lectures on creative events and acting at AUB. Students will be invited to get involved in community events and volunteering between February and April.	If you'd like to work with them, please contact Craig <a href="mailto:cnorman@aub.ac.uk">cnorman@aub.ac.uk</a>
	Libby Battaglia ( <a href="mailto:libby.battaglia@bournemouth.gov.uk">libby.battaglia@bournemouth.gov.uk</a> ) is working on the Arts by the Sea festival.	The programme is available here: <a href="http://artsbythesea.co.uk/">http://artsbythesea.co.uk/</a>
	Wes works with Aim Community in the former East Howe Youth Centre running creative sessions in music, animation and dance for young people. They mentor young people (7-14 year olds) in music, arts, dance, drama and photography. They also work with NEETs through the Aim Arts Academy teaching functional	<a href="mailto:wwilliamsfyt@gmail.com">wwilliamsfyt@gmail.com</a>

	skills, visual media, music and creative arts. They run a café. They are looking for paid (or volunteer) drivers for a 7 seater car to collect young people 3-5pm.	
	West Howe Library offers a huge range of activities including early years book groups, adults book clubs, Councillor surgeries, Citizen's Advice Bureau sessions on Tuesday 10am – 3.30pm, craft and sewing clubs, beginners IT on Friday mornings, job club on Thursday afternoons, bingo on Friday mornings, toddler time, coffee mornings on Thursdays with speakers, games and scrabble evenings on Tuesdays. They will be starting a coding club and chess evenings soon.	Information on Libraries is available here: <a href="http://bournemouth.gov.uk/Residents/Libraries/Info/default.asp">http://bournemouth.gov.uk/Residents/Libraries/Info/default.asp</a>  For a weekly list of activities please email <a href="mailto:westhowe@bournemouthlibraries.org.uk">westhowe@bournemouthlibraries.org.uk</a>
	Butcher's Coppice has extensive new outdoor equipment including archery, rifle shooting, longest zip wire in SW England and a high ropes course which can be hired for groups of all ages and have a full time instructor to offer daytime sessions particularly in the holidays. Equipment is now floodlit for use in the evenings. Explorer Scouts are building a new centre at Butchers Coppice	Butcher's Coppice are keen to run sessions for young people who can't normally afford to take part. ( <a href="http://www.butcherscoppice.org.uk/butcherscoppice/photos_highropes.html">http://www.butcherscoppice.org.uk/butcherscoppice/photos_highropes.html</a> ).
	Next Give or Take Days will be on the last Saturday of each month except March, August and December 2-4pm at the Henry Brown Youth Centre.	Contact Martha on <a href="mailto:Martha.searle@bournemouth.gov.uk">Martha.searle@bournemouth.gov.uk</a> or Diane at <a href="mailto:diane.humphries@westhowe.net">diane.humphries@westhowe.net</a>
	Monique ( <a href="mailto:contact@ideas2action.org.uk">contact@ideas2action.org.uk</a> ) works with Ideas2Action running "We need that" directory for individual and organisations looking for recycled items to use, often for arts and crafts activities.	Have a look at their directory at <a href="http://www.ideas2action.org.uk/we-need-that/">http://www.ideas2action.org.uk/we-need-that/</a>
	Fernheath Play is running after school childcare and activities. They collect from several local schools. They run holiday play schemes and full day childcare is available too.	For further information contact Joe Elston <a href="mailto:joe@fernheath-play.org.uk">joe@fernheath-play.org.uk</a> or call 01202 518008
	Kingsleigh Primary is running a holiday club for Easter, half term and summer holidays	Contact <a href="mailto:Glynis.page@kingsleighprimary.co.uk">Glynis.page@kingsleighprimary.co.uk</a> for more details
	WHCE's bike project Wheely Inspired lends bikes and safety equipment for free to West Howe residents and will be offers free cycle training and savings accounts with Coastal Community Savings and Loans.	For more details contact <a href="mailto:health.helpers@westhowe.net">health.helpers@westhowe.net</a>
	Cllr Roger Marley runs the community cinema and can discuss sharing the projection equipment for performances	Contact Cllr Marley for more details <a href="mailto:roger.marley@bournemouth.gov.uk">roger.marley@bournemouth.gov.uk</a>
	Bournemouth Pavilion offers a theatre school for 6-16 year olds and can offer free places to some local young people. They hold quarterly tea dances, free drama workshops and tours for children and community groups.	For more details contact Paul ( <a href="mailto:paul.griffiths@bhlive.co.uk">paul.griffiths@bhlive.co.uk</a> )

	West Howe Community Enterprises run a cafe at St Philips on Wednesdays 8.30-10.30am and a Wellbeing Cafe at the Henry Brown on Mondays, Tuesdays and Friday 8.30am to 12pm and a community lunch on Thursday 12-1pm at the Henry Brown Youth Centre.	Contact <a href="mailto:health.helpers@westhowe.net">health.helpers@westhowe.net</a> , call 01202 570077 or pop into the café
	Jeff chairs the Moore Avenue Park Community Group which exists to improve the facilities and use of Moore Avenue Park including community events. They are preparing art panels with Arts University Bournemouth.	Contact 01202 579918 or ( <a href="mailto:jeffrey.coombs@ntlworld.com">jeffrey.coombs@ntlworld.com</a> ) for more information <a href="mailto:mapcgroup@hotmail.co.uk">mapcgroup@hotmail.co.uk</a>
<b>Activities for older people</b>	Thursday mornings – coffee at WH Library. The home library service runs to people who are housebound and can promote information or services on behalf of other organisations.	
	Goodgym helps link runners to befriend with isolated older people. Please put any referrals of older people through BCVS and Age UK.	<a href="https://www.goodgym.org/">https://www.goodgym.org/</a>
	Sedcat are offering dial a bus outings and more pub lunches. Looking to take other groups on trips. Sue is looking for more referrals to their project for isolated men.	Contact Sue Leighton ( <a href="mailto:sue.leighton@sedcat.org.uk">sue.leighton@sedcat.org.uk</a> ),
	Jeff Coombs is setting up a loneliness group at West Howe Library	Contact 01202 579918 or ( <a href="mailto:jeffrey.coombs@ntlworld.com">jeffrey.coombs@ntlworld.com</a> ) for more information
	Cornerstone Church, Holloway Avenue offers Open Door social gatherings on Wednesday afternoons and Keep Fit on Wednesday mornings.	
	Destiny Life Church offers afternoon tea club for the over 60s on the last Monday of the month (28/5, 25/6, 30/7, 24/9, 29/10, 26/11, 17/12). Coffee mornings monthly 10.30 to 12 (14/5, 11/6, 9/7, 10/9, 8/10, 12/11, 3/12)	
	Help and Care support older people and people with disabilities and their carers. They have a scheme offering Handiworks home repairs and maintenance, host Healthwatch, offer adult advocacy and Dorset cancer advocacy.	Find out about all their services on their website: <a href="http://www.helpandcare.org.uk/">http://www.helpandcare.org.uk/</a> or contact Leonora ( <a href="mailto:Leonora.spearpoint@helpandcare.org.uk">Leonora.spearpoint@helpandcare.org.uk</a> )
	Age Concern's Project Purple providing many activities for people over 55 including volunteering, leisure activities, information and advice and insurance.	Phone for more details on 530530 or email <a href="mailto:info@acbournemouth.org">info@acbournemouth.org</a>
	Bingo runs on Friday mornings at the West Howe Library	Contact <a href="mailto:admin@westhowe.net">admin@westhowe.net</a>
	Brendon Care runs friendship groups for older people in Kinson providing door to door transport for people interested.	To find out more, please call Tony on 722211 or email him at <a href="mailto:thanson@brendoncare.org.uk">thanson@brendoncare.org.uk</a>

	Compass Connects supports isolated older people. Activities include cooking courses and free Winter Warm packs.	Contact Mandy Russell at <a href="mailto:compassconnects@faithworkswessex.org.uk">compassconnects@faithworkswessex.org.uk</a> or call 01202 429037
	The Empire Cinema in Tower Park offers films to older people with a cup of tea for £3 on Wednesday mornings.	
	St. Andrew's Lunch Club, which is held on a Thursday, during term time, at 12.30 in the church centre. We provide a two course meal with tea or coffee for £ 3.50 for people over the age of 60. For those less able there is transport available, which at the moment is included in the cost of the meal.	Contact <a href="mailto:foodbank@standrewskinson.org">foodbank@standrewskinson.org</a> or call 01202 570010
<b>Engage with media to change the external perception of West Howe and Regular newsletter</b>	West Howe Community Enterprises manages <a href="http://westhowe.net">http://westhowe.net</a>	Please contact WHCE at <a href="mailto:news@westhowe.net">news@westhowe.net</a> for more information
<b>Welcoming new comers</b>	Julie Davis (Resident Involvement) is encouraging council tenants and leaseholders to have their say and will be attending local events. Contact her on 458315.	Bournemouth 2026 Trust is a membership organisation which has over 110 members working together to achieve the vision for Bournemouth in 2026. It is full of news, events and opportunities for your group to shape the Town. Have a look here: <a href="http://www.bournemouth2026.org.uk/">http://www.bournemouth2026.org.uk/</a>
	Need an interpreter? Bournemouth Interpreters is a not-for profit organisation providing translation services.	<a href="http://www.bournemouthinterpreters.org.uk">http://www.bournemouthinterpreters.org.uk</a>
	Space Youth Project offers support in the area to young people up to 25 years on Lesbian, Gay, Bisexual, Transgender and Questioning issues.	For more details please contact <a href="mailto:info@spaceyouthproject.co.uk">info@spaceyouthproject.co.uk</a>
	The Bournemouth Area Transport Action group supports users of public transport have their say in the way services are designed and delivered including where bus stops are situated. BATAG is now partnering with <a href="http://www.bettertransport.org.uk/">http://www.bettertransport.org.uk/</a>	Customers and residents who have concerns about the buses should contact Jeff at the Transport Action Group on 579918. Yellow Buses and Wilts and Dorset both have Facebook pages now and are able to respond very quickly when services are disrupted.
	Jane ( <a href="mailto:jane.jones@dorsetrec.org">jane.jones@dorsetrec.org</a> ) works for Dorset Race Equality Council encouraging third party hate crime reporting and offering advocacy and support for victims.	DREC also run a health care network and a carers network for people of Black and Minority Ethnic backgrounds. Informal support and advice givers

	DREC hold regular Diversity forums. Contact Jane for more details.	could get free training to help them through the Connecting Advice project. Contact Asit Acharya at ( <a href="mailto:Asit_Acharya@shelter.org.uk">Asit_Acharya@shelter.org.uk</a> ) for more details.
<b>Sports</b>	FCSA leases Fernheath Play Field and aims to increase sporting and leisure activities in the area. The pitches and MUGA are available for hire.	Please approach Steve Mowlem for working together on projects <a href="mailto:thechairfcsa@yahoo.co.uk">thechairfcsa@yahoo.co.uk</a> .
	Active Dorset is part of Sport England working “towards an active nation” including physical and mental wellbeing, individual development, and social, economic and community development. They are looking for local opportunities – they are soon to release funding for all ages over 5.	Contact Gary Head ( <a href="mailto:ghead@activedorset.org">ghead@activedorset.org</a> )
<b>Connecting people with the heathlands and other green spaces</b>	Urban Heath Partnership - despite the hot dry weather this year fires have been the same level as last year. Motorbike reports are down. However, dog mess is destroying the habitat and UHP is running a campaign.	The rangers continue to patrol and maintain the environment. They have dog bags for sale at cost price. Contact Heather Tidball at <a href="mailto:h.aj.tidball@dorsetcc.gov.uk">h.aj.tidball@dorsetcc.gov.uk</a> 01202 886201
	Turbary Common Heathwatch group and Friends of Kinson Common run guided walks and opportunities to get involved	
	The Pod and Sustainable Food Cities projects are developing a community food growing project in Cuckoo Woods.	Contact Sandy at <a href="mailto:infothepod@yahoo.co.uk">infothepod@yahoo.co.uk</a>

## Finances

Our vision is that people manage their money well and take up all opportunities to secure employment and improve their economic situation.

	Project	Contact details
	West Howe Community Enterprises and Inspiring Change Shop would like to increase their donations of clothes and household items from workplaces through donation days.	Contact <a href="mailto:diane.humphries@westhowe.net">diane.humphries@westhowe.net</a> for more details
	Job Club runs on Thursdays at the Henry Brown Youth Centre 12-1pm followed by tutored support from Skills and Learning at West Howe Library from 1-3pm.	Contact <a href="mailto:Martha.searle@bournemouth.gov.uk">Martha.searle@bournemouth.gov.uk</a> for more details.
	Outset offers support to people considering self employment <a href="http://www.outset.org/east-dorset/">http://www.outset.org/east-dorset/</a>	Contact them on 0800 756 0811
	The Kinson Food Bank runs from St Andrews in Kinson. It can provide up to 3 days food for people needing emergency support. Food is distributed through vouchers available from the Children's Centre, schools and churches. <b>Please let people in need know that Martha Searle and the Children's Centre have Food bank vouchers.</b> <b>If you can collect food in your workplace, please contact the Foodbank.</b>	For more information please contact <a href="mailto:foodbank@standrewskinson.org">foodbank@standrewskinson.org</a> or call 01202 570010
<b>Financial Capability</b>	Citizens Advice Bureau offers drop ins across Bournemouth including at Kinson Hub every Thursday 9.30am to 1pm and every Tuesday at West Howe Library 9.30am to 1pm. CAB also has a 'water guru' to help people access the social tariff and potentially save 50% from their water bills	Helpline: 08444 111444 Monday to Friday 10am to 3.30pm Email advice is available through their website <a href="http://www.bournemouthcab.co.uk/advice_questions/">http://www.bournemouthcab.co.uk/advice_questions/</a>
	Libraries offer computer and support for people making online benefits claims or job applications.	
	Frontline offers debt advice and budgeting. Their sessions coincide with a coffee drop in at Cornerstone.	Vanessa ( <a href="mailto:vanessawiggins1@gmail.com">vanessawiggins1@gmail.com</a> )
	Moneytalk Bournemouth (a project of Quaker Social Action) runs financial confidence building workshops for anyone who needs them in Bournemouth.	Project has now closed. For details on joining the network of facilitators, or to get a facilitators pack please contact Martha
	Age Concern runs a Benefits Advice Service at the Kinson Library on Thursdays from 10am to 3pm.	
	The Illegal Money Lending team are available to help initiatives raising awareness of loan sharks.	<a href="https://www.moneyadvice.service.org.uk/en/articles/how-to-spot-a-loan-shark">https://www.moneyadvice.service.org.uk/en/articles/how-to-spot-a-loan-shark</a>

	Housing Landlord Services employ a <a href="#">Money Management /Welfare Benefits Advisor</a> to help people back into work and to prepare for work, giving support with benefits and budgeting. Karen Baker helps Bournemouth tenants with finances, benefit checks, charities that fund individuals.	Contact <a href="mailto:Karen.baker@bournemouth.gov.uk">Karen.baker@bournemouth.gov.uk</a> She uses the <a href="https://www.turn2us.org.uk/">https://www.turn2us.org.uk/</a> website to help people ensure they are receiving all the benefits they are entitled to.
<b>Reduce Fuel Poverty</b>	Neil Short from Environmental Health co-ordinates Fuel Poverty work	<a href="mailto:Neil.short@bournemouth.gov.uk">Neil.short@bournemouth.gov.uk</a>
	Warm Home Discount	<a href="https://www.gov.uk/the-warm-home-discount-scheme/what-youll-get">https://www.gov.uk/the-warm-home-discount-scheme/what-youll-get</a>
	St Thomas's serves free community meals on the first Saturday of each month at 12.30pm. All are welcome.	Contact <a href="mailto:infothepod@yahoo.co.uk">infothepod@yahoo.co.uk</a> for more details.
	LEAP (Local Energy Advice Programme) is a new FREE service, providing important advice, support and energy saving measures to fuel poor and vulnerable households.	<a href="https://www.applyforleap.org.uk/">https://www.applyforleap.org.uk/</a>