

**HEALTH AND ADULT SOCIAL CARE OVERVIEW AND SCRUTINY PANEL
22 May 2018**

PRESENT:

PANEL MEMBERS: Councillor David d’Orton-Gibson - Chairman; Councillor Jackie Edwards - Vice-Chairman; Councillors Laurence Fear, Susan Phillips, Philip Stanley-Watts, Rae Stollard, Michael Weinhonig and Kieron Wilson.

ALSO PRESENT: Councillor Blair Crawford - Cabinet Member for Adult Social Care.

ALSO ATTENDING:

From Bournemouth Borough Council:

Neil Goddard Service Director, Community Learning & Commissioning

From Public Health Dorset:

Sophia Callaghan Assistant Director of Public Health

From the Borough of Poole:

Jonathan O’Connell Principal Officer, Joint Commissioning (LD)

From Bourne Asset Management:

Richard Davies Chief Executive Officer

The meeting commenced at 6.05 pm.

Note: To see a copy of the public reports that were considered by the Panel at this meeting please visit:

<http://www.bournemouth.gov.uk/CouncilDemocratic/CouncilMeetings/CommitteesPanels/HealthandAdultSocialCareOverviewScrutinyPanel.aspx>

SECTION I - BUSINESS RECOMMENDED TO COUNCIL

No items

SECTION II - BUSINESS DECIDED UNDER DELEGATED POWERS

24. APOLOGIES

An apology for absence was received from Councillor Gill Seymour.

An apology for absence was also received from Councillor Jane Kelly - Cabinet Member for Regeneration and Public Health.

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25. SUBSTITUTE MEMBERS

There were no Substitute Members for this meeting of the Panel.

26. DECLARATIONS OF INTERESTS

Councillor Philip Stanley-Watts declared the following disclosable pecuniary interest:-

- Employee of the Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust.

Councillor Kieron Wilson declared the following disclosable pecuniary interest:-

- Employee of the Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust.

Councillors Stanley-Watts and Wilson noted that item 7 included reference to the Quality Account for the Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust. Although they had not taken part in the formulation of the Panel's response, it was noted that if any detailed discussion was required on this particular Quality Account, Councillors Stanley-Watts and Wilson would leave the room for the duration of such discussion.

27. CONFIRMATION OF MINUTES

The minutes of the meeting held on 22 March 2018 were confirmed and signed.

28. ACTIONS ARISING

The Panel considered their rolling action sheet, circulated at '4b'. The following updates were provided:

- 84 - The Service Director, Community Learning and Commissioning would follow up on these actions.
- 19 - The Service Director, Adult Social Care would be contacted to follow up on the action in relation to more detailed figures arising from the changes to the Adult Social Care charging structure.
- 43 - Councillors Rae Stollard and Kieron Wilson would be attending a multi agency meeting on delayed transfers of care in June or July 2018. An update would be provided at the next meeting, should the meeting take place.

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- 22 - The Panel were informed that a paper was being put together to address the impact of alcohol consumption on Bournemouth, which would be shared in due course.

DECISION MADE:

That the updates be reflected on the next action list and the completed items be removed.

29. PUBLIC ITEMS

There were no public questions, deputation requests or petitions received for this meeting of the Panel.

30. CORPORATE WELLNESS IN BOURNEMOUTH - DISCUSSION ITEM

The Chairman welcomed Richard Davies, local employer to the Panel meeting to share some experiences of initiatives within his own businesses designed to improve the health and wellbeing of employees.

Mr Davies gave some background to his own health and wellbeing as a keen athlete, mountain biker and now ultra marathon runner. He spoke briefly on the demographic of his own staff for the Team Awesome Pilot in Bournemouth, of approximately 50-60 staff, largely between the age 20-30. The lifestyle choices of staff varied and as an employer, he felt a deep sense of responsibility to try and introduce opportunities for improved wellness.

The Panel were informed of the three phases to the wellness initiative, starting with the supply of FitBits to a pilot group of 10 employees. It was recognised that these type of initiatives typically varied in their success, however, all 10 people wanted to keep their FitBit and continue improving their health and wellbeing. The community, sharing, social and competitive element of a movement capturing wristwatch such as a FitBit was a key driver for those involved in the pilot. The success of this pilot launched a company wide scheme where the organisation offered to pay half the price of a selected range of FitBits. Mr Davies spoke positively of the inter-department culture that developed as a result of the pilot.

Mr Davies reported on his 'Lead From the Front' programme, whereby the former Premier League footballer Sylvain Distin trained leaders of organisations across Bournemouth, meeting weekly at the Bournemouth Bandstand. The Executive Director, Environment and Economy attended from the Bournemouth Borough Council.

The Panel learned further about the nutritional element of the programme, having removed snacks such as biscuits from the working environment and

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replaced with healthy juices, which were 80% vegetable and plant based and not high in sugars.

One Member welcomed the work undertaken and questioned further the work to encourage sustainable transport to the workplace which in turn could also achieve health benefits through cycling and walking. In response, Mr Davies was pleased to confirm the positive focus on society and the environment through the exploration of bike parking facilities in close proximity to Bournemouth Gardens. The Cabinet Member for Adult Social Care questioned the uptake of the 'Lead From the Front' programme, which was increasing in momentum. Upscaling this across Bournemouth was the ultimate goal so that programmes were taking place throughout the day.

Mr Davies spoke of the opportunity to eventually scale up into having Bourne Awesome clinics within GP surgeries to encourage healthy living through making positive lifestyle choices rather than taking prescription drugs.

In response to questions on improving the mental health and wellbeing of staff, Mr Davies highlighted the positive impact on the working environment of the general programme. Further work from massage therapists, chiropractors and osteopaths had been brought in that were counsellor trained to assist with bad backs in the office but also promote good mental health.

The Panel discussed the importance of 'leaders' in improving the health and wellbeing of staff in any organisation. The encouragement from an individual that was positively progressing down a path of excellent health set the benchmark for others to follow, where as the encouragement to improve from those that were not particularly healthy was unlikely to succeed. Furthermore, a mentoring system to work alongside the coaching and leading environment was key to ongoing success.

In response to one Member's suggestion, Mr Davies was committed to being part of a Council pilot for a particular department. The Service Director, Community Learning and Commissioning confirmed that recent Departmental Leadership Team meetings had discussed resilience at the importance of good health and wellbeing through organisational change. Physical activity was a big part of this discussion.

The Chairman welcomed the Assistant Director of Public Health to speak further on the progress made by local authorities on corporate wellness. Sophia referred to the briefing paper circulated at '8' on workplace wellbeing.

The Assistant Director of Public Health introduced the briefing paper and reported on work streams designed to support health and care staff to work differently in the system, taking more systematic and consistent approaches

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to using prevention skills, improve staff health and wellbeing and improve people's resilience in the workplace.

The Panel welcomed progress with the Livewell Dorset Digital Platform and were informed of the mobile friendly website that was being launched. A mobile app, 'Active 10' was introduced to Members which encouraged and tracked users to complete three sets of brisk 10 minute walks a day. This was considered an excellent first step into a more active lifestyle for those with sedentary patterns.

One Member questioned how the success could be measured in areas such as workplace atmosphere and a reduction in absences. National surveys were highlighted, although work was still needed with workforce leads to establish accurate and reflective ways of measuring success.

The Panel discussed the barriers put in place that prevented employees from becoming more active. The Assistant Director of Public Health highlighted the culture change needed to remove these barriers but also stop employees putting up their own barriers to taking a 10 minute break, drinking more water and taking the opportunity to be active during these breaks. It was agreed that an encouragement of this culture shift from the top down in large organisations was crucial.

One Member highlighted the reduced resources in many organisations, including the Council, and the impact on health and wellbeing of staff. The Assistant Director of Public Health welcomed this statement and suggested that case studies were a key tool in overcoming this in citing positive examples where improved health and wellbeing has benefited both individuals and the organisation. The opportunity to engage through staff surveys was suggested as a future action.

DECISION MADE:

That the Panel:-

- a. support the actions Public Health are taking to get businesses more involved in plans to improve the health and wellbeing of their employees.
- b. requests an update on progress made, at the next appropriate opportunity.

31. CABINET MEMBER UPDATES AND QUESTIONS

The Cabinet Member for Adult Social Care provided an update to the Panel on recent priorities and pressures. The Panel welcomed the recent budget outturn of a £66k underspend for adult social care, whilst the future challenges as the Better Care Fund reduced would be significant. In response to questions on local government reorganisation and alignment with the Borough of Poole through Shared Services arrangements, the

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Service Director, Adult Social Care spoke briefly on the similarities and differences across Bournemouth, Christchurch and Poole. It was noted that challenges were similar across Bournemouth and Poole and the service had learned a lot from sharing best practice. Whilst there were high numbers of people receiving adult social care services in Christchurch, a number were also high funders. Work was underway through the disaggregation process to establish the future requirements for adult social care across Bournemouth, Christchurch and Poole.

One Member reiterated the need to continue pressing Central Government for more adult social care funding, with budgetary pressures continuing to increase. The Cabinet Member confirmed that representations continued to be made on this issue.

The Cabinet Member for Regeneration and Public Health provided some comments to the Chairman which were read out at the meeting. The Cabinet Member was very interested and heartened to read of the re-tendering of the Integrated Urgent Care Service and the extensive work given to ensuring that communities would benefit from an enhanced service in the future, which would direct them to the level of assistance that they required. Whilst all services had to be delivered in the most economical way possible, safety was paramount and there needed to be measures in place to prevent anyone, particularly vulnerable people, falling through any cracks in the new system. Whilst the aim was to provide a simpler service, it had to be comprehensive and serve the needs of everyone.

With regard to Corporate Wellness in Bournemouth, the Cabinet Member welcomed the Prevention at Scale ethos being rolled out for Bournemouth Council staff in conjunction with the LiveWell Dorset service. It was considered so important that staff were given opportunities to improve their health and wellbeing when workloads were high and challenging.

32. INFORMATION CIRCULATED BETWEEN MEETINGS

The Panel noted the following items that were considered in between Panel meetings:-

- NHS Quality Accounts
- NHS Dorset Clinical Commissioning Group - Integrated Urgent Care Services Briefing

A copy of the questions and comments raised by Members and corresponding answers is available to view within the agenda and reports for this meeting, at the following link:-

<https://www.bournemouth.gov.uk/councildemocratic/CouncilMeetings/CommitteeMeetings/healthandadultsocialcareoverviewandscrutinypanel/2018/05/22/healthandadultsocialcareoverviewandscrutinypanel22-may-2018.aspx>

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One Member highlighted the deficit between the demand and supply of ambulances in the South West. The Chairman welcomed the commitments in the paper to introduce more methods to divert some demand towards other areas such as GP services.

33. THE BIG PLAN 2018-2021

The Panel considered a report by the Principal Officer, Joint Commissioning, circulated at '9'. The report presented the updated Bournemouth and Poole section of the pan-Dorset Big Plan 2018-21, a Health and Social Care Joint Commissioning Strategy for adults with a learning disability and their carers following public consultation in 2017. The Principal Officer, Joint Commissioning introduced the report and invited the Panel to make final comments on the report, consultation findings report, updated strategy and work plan before publication.

One Member highlighted the consultation sample of approximately 10% of individuals engaged with learning disability services in consultation events throughout the process. It was noted that wider feedback, including the views of providers was further to this figure. It was accepted that a larger sample of public feedback was sought however, these figures were reflected similarly on the last review of the Big Plan and it did reinforce that individuals and families who were affected by this subject had a greater understanding to engage fully in a consultation exercise. Furthermore, the Panel discussed the 'if we could' elements of the plan and in particular access to public toilets for people with profound disabilities. It was noted that Bournemouth was very good on the subject of changing places, compared to other places in the country. Work by Councillor Christopher Wakefield was cited in successfully raising awareness. Whilst the Borough of Poole has struggled, the addition of new facilities in the Dolphin Centre were welcomed. The engagement of the Big Plan with large projects such as Town Centre North were essential to ensure these types of issues were incorporated into and considered in the correct arena.

One Member welcomed the report in separating and defining special educational needs and disabilities. The Panel briefly discussed the link with children's services and the SEND agenda, particularly in relation to transition into adulthood. It was considered crucial to plan for smooth transitions in ensuring individuals with very specific challenges were able to make positive steps towards an appropriate level of independence that worked for that individual. In response to questions relating the Learning Disability Self Assessment Framework, this followed an annual survey review by Central Government which indicated a replacement framework. No further information had been supplied to date and the topic was retained until further notice was received.

In response to questions on colleges engaged with learning disability clients, Officers were pleased to report that Kingston Maurward, Brockenhurst and

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Bournemouth and Poole Colleges all offered varying degrees of support and programmes.

One Member challenged the numbers contained within the report in terms of the likely figures of people in Bournemouth and Poole with some form of learning disability, and the number people who received a service from the two Councils. Officers accepted this challenge and reported that a significant number of people would not consider themselves as having a learning disability, whether it be mild or moderate. It was noted that these people may engage with the Council in other service areas such as the Aspergers Team. Furthermore, the Panel welcomed the engagement with advocacy groups such as Bournemouth People First to reach the wider community who may not come forward to request help and may have mild learning disability needs.

The Panel questioned budgetary pressures in the context of maintaining an effective preventative agenda. The Principal Officer, Joint Commissioning acknowledged this was extremely challenging in the current climate when such a large proportion of budgets were devoted to the core statutory duties around assessment of needs and provision of services. As much preventative work as possible still took place such as ad hoc support to individuals. In relation to Carers, the Panel welcomed that there was a Carers' Advocate who worked to improve the offer in Bournemouth through monthly support meetings and other initiatives. This would continue to be funded.

In response to one Member's questions on how to motivate employers to take on people with learning disabilities for voluntary work or paid employment, it was accepted that this was a challenge, especially in challenging times for employers. The benefit to improved self esteem of individuals through meaningful activity and occupation was huge, not to mention the move away from Council day services that could be utilised for other individuals in need. Work continued to take place on a wide range of initiatives to sell the benefits to employers in this area. The CRUMBS Charity in Bournemouth was cited as a positive example in the catering industry that had come along way to support individuals with learning disabilities.

In progressing further on the subject of facilities in Bournemouth, such as suitable changing areas, one Member highlighted the opportunity to engage with Local Plan Reviews. This could provide a space to promote the local needs and influence both private and public buildings and developments to consider what facilities they could provide as part of any scheme. The Service Director, Community Learning and Commissioning welcomed these suggestions and confirmed that the service was a consultee through Local Plan Reviews.

DECISION MADE:

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That the comments made by the Panel be taken into consideration by the Service Director, Community Learning and Commissioning and the Principal Officer, Joint Commissioning.

34. FORWARD PLAN 2018/19

The Panel considered the forward plan as at May 2018, circulated at '10'.

In response to one Member's questions on the Older People's Care Home Market Working Party, the Deputy Head of Democratic Services reported that the final meeting of this Working Party had taken place and a final report would be brought forward to the Panel once finalised.

With regard to the Dorset Care Record, the Service Director, Community Learning and Commissioning highlighted that a recent briefing had been provided to the Children's Services Overview and Scrutiny Panel on MOSAIC and the Dorset Care Record. This could be circulated to Panel Members.

DECISION MADE:

That the forward plan as amended be approved.

The meeting finished at 8.15 pm

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